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Don’t get too caught up in the technology though, Doc’s principles are timeless – he interviewed thousands of women to determine why they chose one man versus another – what Doc learned from women is taught to you so check out the 10 chapters below!

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## The Dating Dictionary

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## Dedication

Dedicated to the most dangerous creature on the face of the planet: the Beautiful Woman. I wouldn't have it any other way.

DOC

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## Introduction

*"Where are the male love doctors on talk radio and TV?"*

*"Where are the role models and mentors?"*

*"Where are the guys helping the guys?"*

*The Dating Dictionary* is a culmination of my lifetime study, made up of 30 years of informal interviews and observations of females' wants and needs in romantic relationships. My invention, which is called "The System," is a *politically incorrect* and *sarcastic* look at the mating dance in America. It deals with love, dating, and the reasons why a woman stays with one man over another.

"The System" is based on how things actually *are*, not someone's hypothesis. It shows a man what he is doing right, what he is doing wrong, and helps him correct his errors. From meeting Miss Right and keeping her, to staying out of divorce court, "The System" is formulated from a layman's viewpoint, someone who has been in the trenches.

"The System" is also an organization of principles that women respond to positively. If you have the patience and will to improve your life, and can set your ego aside, this book is your earthly salvation when it comes to romantic relationships. Doc Love is not trying to make a phony or an actor out of you. What I *am* doing is coaching you to get rid of the rough edges that perhaps you are — or are not — aware of.

I have taught seminars for eight years, and have made over 300 speeches. I can't tell you how many times men have come up to me and said, "Doc, I had feelings about this stuff, but never believed it." "The System" says "Now you can now believe it." But if you think you can read this book once and put in no hard work, read no more.

"The System" is simple to "get" and tough to implement. Let me give you an analogy. You go to 10 karate studios and nine instructors say, "You can be like Jackie Chan if you attend a class a week for three months." The tenth instructor says, "Come to three classes a week and practice on your own for two hours a day for seven years — then you'll have earned your black belt."

I believe that men have never been taught, or guided, in the fine art of approaching and handling relationships. The problems in relationships today cannot be overestimated, and men come out on the short end of the stick most of the time. I realize this is not the current (popular) viewpoint, which, besides helping men, is a principal reason for the existence of this book.

"The System" is not a guide to bedroom gymnastics or a misogynist's rant against "those inscrutable b——s." It is, instead, a guide to the proper behavior for men, so that both partners in a relationship — especially the woman — will remain in love. In these pages you'll find any game that bad women play and every mistake that misguided men make. If you men (and women) are thick-skinned and can laugh at yourselves, I know you'll enjoy this material. Why? Because you're all in here, at least a little bit.

I am not into revenge like the Feministas. I want the war between men and women to end, and I know that humor is the best vehicle for change. That's why I want you to laugh at yourself. I also want women to empathize with what men go through, from asking Miss Right for her phone number to facing rejection in divorce court. It's time for men to take control of their love lives and avoid unnecessary pain. "The System" is the only vehicle that works and accomplishes that task.

I have interviewed over 10,000 women in the past 35 years and have always been amazed by how quickly a woman will open up to me — especially when I don't have a tape recorder. Both women and men talk and act differently if they're being recorded, so I carried — and filled out (immediately after each interview) — thousands of 3 by 5 cards to invent "The System."

Therapists only interview people mired in painful relationships. Doc Love interviewed men and women in the broad spectrum of relationships, from the healthy (happy) to the painful and miserable.

My interviewing skills improved with time, and I noticed I could get a completely different (usually opposite) answer to a question within five minutes of the initial response most of the time. Listen carefully:

Question: "Caprice, who is the boss — you or Tom?"

Answer: "It's 50-50."

Question: "Does he ever get his way?"

Answer: "Sometimes."

Question: "How often?"

Answer: "Not very."

Question: "When was the last time Tom stood his ground and you gave in?"

Answer: "Oh, it happens all the time."

Question: "When?"

Answer: "Give me a minute, and I know I can come up with the last time I gave in..."

Question: "Caprice, would you like Tom more if he stood up to you once in a while?"

Answer: (Sheepishly) "Well, yea, sorta."

The main problem with men is not that they dominate, but that they are dominated. All the talk shows, all the articles in the women's magazines, and all the self-help books try, ironically, to empower women when they already have the upper hand. When it comes to the "war between the sexes," men have BB guns while women have F-16s. Women don't need Sam missiles; men do.

If you are a (clinically) sane woman, you can use this material to gauge the success of your relationships. As for you men, you have work to do — the party is over! But you will see the light. Study the terms on the Truth Triangle preceding the table of Contents. If you have a problem in a relationship, something is missing from the triangle. It is either you or her, or both of you together who are not holding up your ends of the relationship. Get familiar with the basics. It is this Triangle that you will refer to when times get rough. I guarantee they will!

At the apex of the triangle, the Reality Factor states that men have a tendency not to face reality when it comes to dealing with Miss Right. The Bottom Line Factor says that only her actions truly reflect her feelings and attitude toward you. And the female's Interest Level, not the man's, is the most important factor of all because she has to like you first, or *nothing* starts in the first place.

There are three (major) Male Traits the female responds to positively. You must have them, if the female is to fall, and stay in love with you. They are Confidence: made up of Self-Confidence and Self-Esteem; Control: made up of Discipline, Patience and Self-Control; and Challenge — which no one talks about — and which makes *her* chase *you*. Challenge is one-third of what a man has to offer, and the experts have no idea what it is, much less how important it is to a romantic relationship.

The three major Female Trait qualities that men should be aware of and look for in a long-term mate are: Integrity, made up of Loyalty, Trust, and Honesty; Giving; and Flexibility.

The maintenance program, which is what you are going to carry out in order to keep her, consists of Respect, Affection, Romance and Humor.

I find it ironic that women understand men (yes, they do!), yet buy all the self-help books. The vast majority of men don't understand women, yet men buy no self-help books! In our defense, all the self-help books are written from a woman's perspective. When you start teaching your buddies and adding to "The System," you'll know you have it down.

So — here are your first two war stories. Use them as a tool to learn.

Tom calls Caprice to go out on Wednesday night. Caprice says, “I don’t go out on week nights.” In the bad old days Tom would have gotten flustered and said, “How about Saturday?”

But not the “new” Tom — the guy with “The System.” He checks his trusty Truth Triangle and says to himself, “She has low Interest Level, because I know now that when a girl likes you she accepts or counters with another (date) day.” Or she may refuse if she has high Interest Level and is inflexible (“What’s the big deal about weekdays?”).

The “new” Tom knows not to go out with someone who has low Interest Level or a bad attitude. He says politely to Caprice, “It’s my only open night,” changes the subject, talks for a minute (positively), and says, “Good night.” He walks into his bathroom, flushes the number, and sings out, “Adios, baby!” Isn’t that easy? Isn’t it better than spending \$100 on three dates before realizing she was trouble?!

Tom knows he is getting closer to the “real one.” With “The System” on his side, he knows not to waste his time and money on someone who doesn’t realize that *he* is the answer to all *her* romantic dreams.

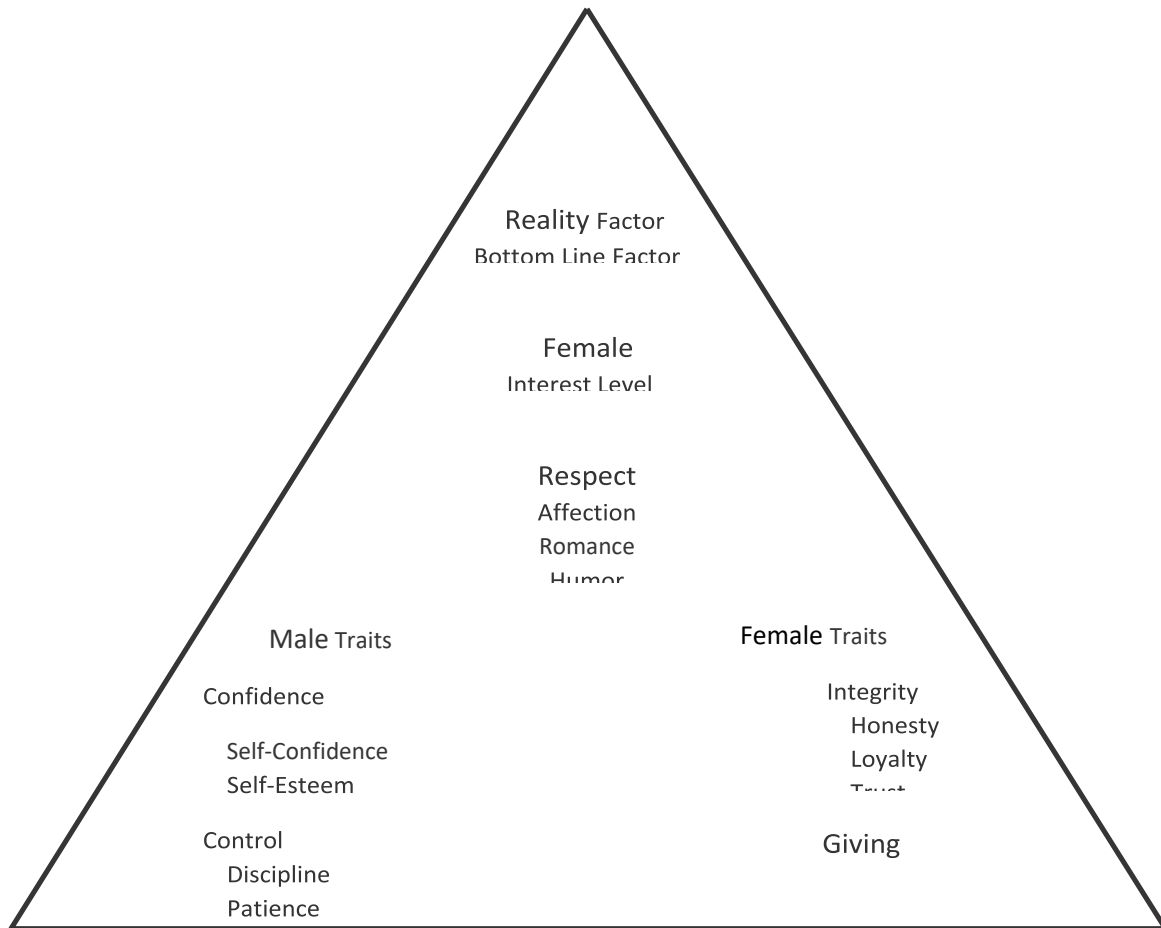
Tom is at a club and sits down at the bar next to a woman. He knows enough to let her look over and talk *first*. Why? Because he is gauging her Interest Level. If she is interested, she will find an excuse to talk.

If she does, he will ask for her phone number before her drink is finished and get out of there. Why? Because women love mystery. Most guys would try to buy her drinks all night, then watch her leave first after draining his wallet — but not the “new” Tom. His goal is to get phone numbers, not buy drinks for strangers.

Guess what guys? This info just paid for itself!

"THE SYSTEM" DOES NOT GIVE YOU POWER.

IT IS POTENTIAL POWER THAT BECOMES POWER THROUGH ITS USE.



If you have a problem, something is missing.

The Truth is in the Triangle.

NOTE: Tom, our protagonist in this book, is an ex-caveman who only thinks of sex, sports, and eating off paper plates. Caprice, whose legs stretch from the floor to her neck, will play the tormentor in all of *The Dating Dictionary's* "war stories." She is selfish and only contributes to the relationship if she makes out – unless, of course, she has high Interest Level (see the Truth Triangle) in Tom, in which case he takes advantage.

## ACCEPTANCE

*"If the cost of her acceptance is your integrity, Ayn Rand would have called it 'sanction of the victim.'"* — General Love.

*"There's a new sheriff in town. He is tired of seeing his boys getting their hearts shot up."* — Uncle Jethro Love.

*"No. 2 Rule: Never try to keep someone who does not want to keep you."*  
— Doc Love.

It's simply amazing what a man will put up with, or go through, to gain a woman's acceptance. In their search for the answer, men are constantly asking themselves, "Can I do this or can I do that without turning her off? Can I say this or can I say that, and if I do will she still accept me?" Even Attila the Hun, the first left-wing extremist, wanted to be accepted by a woman!

If a man knew what a woman wanted, he would be overjoyed to give "it" to her. What man wouldn't?

But how is he supposed to know or find out – or does "it" even exist?

Tom knows (instinctively, for once) that he can say or do anything around his best buddy and his ever-loyal pooch, Fido; he even knows they will love it. He knows that when he makes a fool of himself they will never hold it against him. In fact, no matter what he does, it will never come back to haunt him. Yes, your best friend and Fido really do practice "unconditional love." And they are the only ones who do.

Tom also knows he can't say or do anything around either Caprice or her Pussycat! Why? Simple: Because of the pain (and the scratches) he's endured. Yes, women and cats really do have different needs than men and Fido – but what are they?

Is there a method to this madness? Is there a way to get a woman to see your smiling face on Mount Rushmore next to Lincoln's? Is there a "tried and true" set of rules that will make her accept you?

Even more importantly: Is there a way to make her want you as the love of her life — forever?

My job is to coach you and show you how the woman plays the love game, and what she truly responds to when it comes to romance. Do what I say, and she will want to keep you around for a very long time. I am even going to show you how to tell the difference between a good woman and a bad one. But if you like repeating your mistakes, or you would rather listen to your own overblown ego, or you're a quitter and willing to settle for second best, read no more. (I get back one book in 100 – you really don't want to be one of those, do you?)

I will be your drill instructor because “The System” is hard to comply with. I will be your coach in the boxing ring of love — so you can get off the ropes! Why? Because for one reason or another, you have never been told the facts of the love game — or even worse, you've been brainwashed into treating women in a way that has only compounded your problem. The Reality Factor says that a woman in love neither confuses nor rejects men.

Everyone forgot to tell you that until a woman stops playing head games and throws in the towel, you have to convince her that you are the greatest thing since popcorn. (Even better: How about her jumping through hoops for once?)

Doc Love is on a mission from God to save the American male's heart from further destruction. I want to make sure Miss Right accepts him, loves him, and keeps him. Why? Because divorce lawyers should be made homeless. It's time for men to come out of the dark ages, and take control of their lovelives.

Before we start, I need something of utmost importance: I need your commitment. Without that, I don't want you on this love campaign. Until she decides you are Mr. Right, this is a war of the hearts, and I don't want anyone aboard who isn't 100% dedicated to this mission. You have some bad habits that together we will have to break, but you can do it.

It would be nice to give you a magic potion and tell you everything will be okay, but snake oil doesn't cut it; only hard work does. There are no freebies in life except for death, taxes, and, up until now, head games and confusion. It's not going to be easy, so I don't want anyone along who is dragging his feet or thinking this can be done overnight. I know you have the ability, but do you have the guts and determination to do what is necessary? Remember, we will be going up against the most formidable creature on earth: the American female. You know, the one with the chip on her shoulder.



Gentlemen, welcome to Doc Love's version of boot camp! If you have any doubts about this cause being just or necessary, remember what your breakups and temporary losses of sanity have cost you. Look at your past dates from hell and the 50% divorce rate. And what about the "good one" who got away? Think of the legal and financial noose that you draped around your throat when you, she, and Uncle Sam get hitched — and unhitched. Most of all, think of the kids. Do you want to continue going down Loser Road, repeating your mistakes, playing the stooge, and taking more falls as you impersonate Mr. Nice Guy? It doesn't feel good, does it, Mr. Nice Guy?

Add it all up, and it's not a pretty sight. So, let's make it real simple, guys: Do you really want to go through that pain again? Search your soul, brother — it's time for a reality check.

Listen to me, guys — I'm the only one who can get you out of this mess! "The System" is a body of principles and concepts regarding romantic relationships. "The System" works because it is built upon the realities of dating. Your way doesn't work because it's based upon emotions, brainwashing, false hopes, and wishful thinking. At best it's been hit or miss — or worse.

You must realize that I'm the only one on your side, because all the other love doctors operate from the female perspective. I am the only one you can trust because I'm the only one who has ever talked to you this way. I am also the only one who has something fantastic to offer, but let me warn you —it's not going to be easy.

So what are you going to do? Screw around like you've been doing, or "just do it?" You have the combination to the safe in your hands; don't blow this fine opportunity.

The key is to leave your ego and past out of this. If you will do this, I'll show you how to win the "battle of the hearts." Remember, do all that I say and you will be accepted, loved, and kept by Miss Right.

Have fun, guys.

## ACTRESS

*"After the first date it's all downhill."* — Fast Eddie Love.

*"Things are always at their best in the beginning."* — Pascal.

*"Everything new appears beautiful."* — Anonymous.

She weighs 116 lbs. and you weigh 185 lbs., plus you have more muscles (hopefully!). From the outside, it would appear that the advantage is yours, but in reality she is the stronger of the species when it comes to love. Why? Because she cheats! She utilizes psychological tactics and strategies that are foreign to rational, logically thinking men.

Acting, which is the fine art of camouflaging through confusion, is her favorite ploy. She could teach the chameleon a trick or two. This small lizard changes its colors to blend in with its surroundings, so it can't be eaten, and conversely, so it can eat. Men were not born with the ability to camouflage their "honest and open" feelings. Women can, however, change their feelings or minds about something from one moment to the next. Listen, you psychology majors: this means she can be Joan of Arc one minute or Sharon Stone the next, without even batting her long eyelashes.

A woman can turn the tears on and off quicker than one of Hef's playmates can disrobe for a centerfold shoot. To a man, this behavior seems irrational and inconsistent, but what does he know? If he asks her, "Honey, why do you say one thing and then say the exact opposite five minutes later?" she'll retort, "I don't know what you're talking about!" That's why you should save your breath and never ask.

What's the key to this behavior? The key is to read her actions toward you and under no circumstance take "changing colors" personally. Remember, there is a bright side — you'll never get bored!

## ADAM (AND EVE)

*"Give me a wounded heart, and I will give you back a believer in 'The System.'"* — Reverend Love.

*"Boy, you and I have to go behind the barn so I can set you straight about this woman thing!"* — Uncle Jethro Love.

*"They, the so-called victims, been having a field day with your heart."* — General Love.

Adam, the first Wimp, had his shot, missed it, and it's been all down hill ever since. Just because a Kim Basinger look-a-like named Eve walked by in her birthday suit, he didn't have to slobber all over himself and beg to take a bite — of the apple, that is! After all, they had it made in the garden; no politicians, no pollution, and best of all, no parking meter enforcement!

What Adam should have said was: "Eve, forget that snake or forget

me.” He might have even tried bluffing. But Adam was “whipped,” and the rest is bad history.

The key is to work the word “No” into your vocabulary, and be prepared to use it, tough guy! Never underestimate the power of a woman, even without a serpent.

## ADORATION

*“If Interest Level too high, okay for squaw, but great warrior become boy.”*  
— Apache proverb.

*“Love her with everything except words, Grasshopper.”* — Chinese proverb.

*“They don’t respect bootlickers.”* — Cowboy saying.

Adoring love doesn’t affect a woman’s personality like it does a man’s. When a female’s Interest Level shoots through the roof, she delights in it. The male, however, goes through a metamorphosis that would boggle even the mind of the first love doctor, Sigmund Freud. Listen, you psych majors: this means Tom just isn’t the same ol’ guy. It’s as if magic or sorcery — or a witch — has transformed him.

This phenomenon happens to men whose Interest Level goes into the danger zone — above 90%. It’s as if Tom is walking around in a daze. When he sees Caprice, he loses all self-control, and acts like putty in her hands. What’s worse, this is the case even when she’s not trying to dominate him! He merely gazes at her, and waits for his orders as if he were a new recruit in the Marines. Poor Tom acts like Samson after the infamous haircut — no oomph.

Don’t get me wrong. I’m happy that Tom is in love, but when his love goes overboard, he falls apart. He had better get a grip on himself and pull out of this nose dive or he’s going to crash and burn. Caprice will think his behavior is cute for a while, depending on how high her Interest Level is. But eventually her Interest Level will plummet. Then it’s “Adios, Tomas.” Why? Because Tom the Dopey is not Tom the Man, whom she fell for.

The key is talk to yourself (not in public!) about what a clown you are, and practice Self-Control! Pretend she has short hair and eats like a defensive lineman — whatever it takes. Remember, it’s a lot safer (and saner) when she does the adoring.

## ADULTERY

*"At work, where there's smoke, you might get fired. Be careful, your boss might have the hots for her."* — Sal "The Fish" Love.

*"One man's wife is another man's folly."* — Anonymous.

*"When they are away from home."* — Shakespeare.

A sane woman with high Interest Level cannot commit adultery, except for revenge. So don't give her the ammo. Treat her properly and she won't mess around. Give her Affection, Respect, and Romance. Practice Confidence, Control (not on her — on yourself), and be a Challenge (which will make her do the chasing). Listen, you psych majors: this means be a man. "The System" is easy to read, and tough to practice, but what in life that's worthwhile isn't?

What I find most fascinating about adultery is how men cannot hide their infidelity (not that I think it's ever right), while on the other hand, it's a snap for women. The male ego cannot entertain the idea that a wife is capable of committing adultery.

Don't ever think you're getting away with something. Caprice and Pussycat are territorial, and they have a sixth sense in this area that men have but don't utilize. If she decides to shift into revenge mode, better start thinking of how many bars there are in your town loaded with horny guys. Get the drift?

The key is not to get thyself wedded until you're ready to love only one woman — from here to eternity! Remember, *you will never ever kiss another woman for as long as you live!*

## AFFECTION

*"If it works with Pussycat, it will work with her."* — Fast Eddie Love.

*"Only Feministas hate affection."* — Doc Love.

*"The great question which I have not been able to answer, despite my 30 years of research into the feminine soul, is 'What does a woman want?'"* — Sigmund Freud.

Freud, the inventor of the analyst's couch, was not alone in his befuddlement. Generations of men without his credentials have pondered the same question. It's ironic that we have all these love doctors charging for advice when they openly admit that they don't understand women. You may as well buy lottery tickets!

In the love game, Affection is the female's number-one requirement, after Respect. If you're affectionate, she'll rob banks for you. Hold on to your seat — she'll even give up shopping and stay thin! Yes, it's true! And if she ever finds another man attractive, his image will vanish immediately from her consciousness! Affection is the great adultery insurance!

Now for the bad part. Men don't have an inkling what Affection is. That's because no one, including women, has ever told him. Only after she has arrived at 90+% Interest Level — that rare moment in time when you can do no wrong — do you show her Affection.

Exercise: When you first see each other, and when you leave each other, just hold her in your arms for 10 seconds, with no talking or kissing. Just look into her eyes and try to give the impression that you like it too! It takes practice, but the rewards are incredible. It has even been known to cure nagging and obesity!

The point is that Affection, Respect, and Romance is your maintenance program. They are going to keep her in love with you. Affection is not a prelude to sex. Remember, she loves Affection as much as her Pussycat loveto purr!

## AGE

*"A man is as old as he feels, and a woman is as old as she looks."* — Anonymous.

*"Youth is wholly experimental."* — Stevenson.

*"To a Mercenary (Gold Digger), all rich men are young."* — Fast Eddie Love.

When it comes to women, the discussion of age is one of the biggest no-nos. Guys could care less about how many birthdays they've celebrated, but she is real touchy in this area. A woman is always too young or too old. And if she is 30 and single, without at least one divorce under her belt, she feels incomplete in spite of what her Feminista sisters tell her ("You are better off with a mustache." They should know!). To the unmarried female of 30, it's as if destiny has cheated her.

Next comes crow's feet, and I'm not talking about Native Americans here! Crow's feet are those long, teeny cracks around her eyes that she sees as being as deep and as wide as the mighty Mississippi! Fat (which she could control) is another sign of age that she knows is diminishing her looks, yet she would rather graze.

Men can claim character and wisdom with age (think of Paul Newman), but all she gets is “May I help you, ma’am?” from the college hunks working in the ice cream or cookie section of the market.

The key is to substitute the word “young” for “old” in your vocabulary and never ask her age. Remember to buy a pretty (low-cal) cake, card, and (inexpensive) gift for her birthday — just be sure and forget the candles!

## AGENDA

*“If you give too much, you can never take it back.” — Doc Love.*

*“Everyone keeps track, especially women.” — Fast Eddie Love.*

*“Give her what she needs, not what she says she wants.” — Rabbi Love.*

Caprice tells her girlfriend she is going out with Tom for the first time “just to see what happens.” Hogwash! Tom, on the other hand, knows that the only reason he is going out is to raise Caprice’s Interest Level. Taken at face value, what Caprice says sounds fair to an outsider, but the reason Caprice is really going out with Tom is because she has 65% Interest Level. If Tom manifests Confidence, Self-Control, and Challenge, all of which “push her buttons,” there will be a second rendezvous. Most guys do not get a second date. What’s your record?

However, in Caprice’s subconscious, much more is going on. Lurking inside that sweet, super-fine body and gorgeous mug is a private agenda, a tightly written script of how things are going to be with Tom. Caprice is actually like a “mole,” a double agent, a James Bond working for the left-wing extremists in the former Soviet Union!

In reality Caprice is being driven by her agenda. She has big plans for this relationship (ask any unhappily married man), assuming she doesn’t want to unload Tom altogether. But Tom is going to be around for a long time. Why? Because he will follow “The System.” Sadly, and in her defense, she isn’t even consciously aware of her agenda. The poor girl is programmed, like a salmon swimming upstream, or a homing pigeon flying back to its cage.

Caprice will say one thing that she honestly believes when she says it, but on an emotional level that ol’ agenda just keeps rearing its ugly head, making her do the opposite of what she says. My cousin Sal “The Fish” Love says “Confusion is her game, and pain is the penalty.”

So what's Tom to do? How does he derail Caprice's subversive plans? Is it possible for Tom to destroy her secret list of "how things are going to be?" Can Tom save himself from her treacherous heart? Is there any hope left for America?

The solution is to make sure the woman's Interest Level is higher than yours via Challenge, and to only go out with Flexible Givers. When it comes to their agendas, women are relentless! But with Challenge on your side you really have a huge advantage.

## ALONE (ON BEING)

*"Whatever begins, also ends."* — Seneca.

*"Tis better to be alone than to be a slave."* — Father Love.

*"You come in alone, and you go out alone."* — Uncle Jethro Love.

You see these "heavyweight" guys in entertainment go through a brutal and costly divorce. Half an hour later, they're ready to march down the aisle of everlasting bliss again — even before the ink is dry on their first alimony check! All that power, and they just can't stand to date all those groupies and fans who wouldn't give us "regular" guys the time of day. We all want female company, but these guys can't seem to wait to get another ring through their noses. I call it as I see it: some guys just can't stand to be alone (single).

These lonely guys don't realize that normal women respond to Challenge. Here, on one hand, is a guy who should be playing his cards close to his chest (Challenge), but instead he wears his heart on his sleeve (poor baby). He can't wait to go to Tiffany's and buy some even more expensive rings. Shouldn't three divorces tell him something?

His new Miss Right is just as dumb as he is — she should see that he's on the rebound. Like a drunk driver, his emotions are all over the landscape. Where are his friends and managers? He should be in a rehab center thinking about his female selection process and trying to figure out what happened the last time before he jumps into another fiasco. Oh, I'm sorry, I forgot...he couldn't stand to be alone.

There is no key to this one. Some guys don't want to be fixed.

## ANSWERING MACHINE

*"When it comes to the Battle of the Sexes, women have howitzers and men have BB guns."* — General Love.

*"Check yourself, before you wreck yourself."* — Ortiz.

*"Give us a few good men."* — U.S. Marine Corps.

"I thought you meant the other mall."

"Something must be wrong with my machine."

"It was so late I didn't want to wake you."

"I didn't call because I had to be at work real early."

"I thought you meant next Wednesday."

"What message?"

Sound familiar? And there are a thousand more. The way to beat a bad habit is not to start it.

To a woman, an answering machine is a great weapon. Part of that is due to the fact that men think it's just for leaving messages — how naive! If she can control at least part of the communication in a relationship, she can then further her scheming agenda. In Operation Desert Storm, Apache helicopters knocked out Saddam's radar and communication installations, so his troops in the field couldn't talk to Baghdad. Surprise!

You get her home phone number but her machine is always on. You call at 6, 7, 8 and 9 p.m., and get no answer. You do it Monday, Tuesday, Wednesday, and all you get is that same silly message. You have a control freak or screener on your hands. Why does she hand out her number to so many guys that she doesn't want to date or even talk to? Leave your name, number, and "give me a call" the following Monday, and above all, don't tell her it's the twenty-second time you've called — remember, Challenge! (If she has caller ID, use a public phone.)

When you leave a message on her machine, you give up Self-Control (one-third of Control — see the Truth Triangle). You don't know when or if she got the message. You don't know when, or if, she's going to call back. And you saw none of her body language as she spoke, assuming she returned the call. Waiting for her to return your call isn't fun. It leads to misunderstandings. How are you going to judge her Interest Level when



communication is such a gray area? You can't. Everything she does and says has to be black or white in your mind, with no loose ends, and absolutely nothing taken for granted. So let's run a tight ship. No messages for the first 60 days.

If she calls back (you've got one chance in 100) and accepts and keeps the date, I'll polish your Mercedes.

If you are supposed to go someplace with her, or you are going to meet her somewhere, don't buy into the old "just leave a message with the time and/or place" trick. Talk to her, preferably face to face, and get the facts perfectly clear. You have to match her words and actions, and with a third party like an answering machine involved, she could keep you in the dark.

The key is to realize that men should talk to women, not their answering machines. One of the greatest things about "The System" is that it forces the woman to show her true Interest Level. Remember, using the answering machine is like playing with firecrackers, so handle with care.

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